

- Department of Physical education

Course Outcome (CO) of the Department

Semester	Course Outcome	Particulars
I PEDGCOR01T/ PEDHGEC01T/ PEDGCOR01P/ PEDHGEC01P	CO ₁	To learned the basic Knowledge of physical education
	CO ₂	To learned the History of physical Education in India and out of India
	CO ₃	To learned the basic Knowledge of Sociological and Philosophical Foundations of Physical Education
	CO ₄	To learned the basic Knowledge of Olympic Movement, Asian Games and Commonwealth Games.
	CO ₅	To learned the basic Knowledge of Historical development of Physical Education and Sports in India
	CO ₆	To learned the basic Knowledge of Yoga Education
	CO ₇	To learned the basic Knowledge of Historical development of Physical Education and Sports in India
II PEDGCOR02T/ PEDHGEC02T/ PEDGCOR02P/ PEDHGEC02P	CO ₁	To learned the basic Knowledge of Sports Management
	CO ₂	To learned the basic Knowledge of Tournaments
	CO ₃	To learned the Lay out knowledge and officiating of Track events (Practical)
	CO ₄	To learned the basic Knowledge of Lay out knowledge and officiating of Field Events (Practical)
	CO ₅	To learned the basic Knowledge of leadership activities.
	CO ₆	To learned the basic Knowledge of Facilities and Equipment's
	CO ₇	To learned the basic Knowledge of Lay out knowledge and officiating of Field Events
III PEDGCOR03T/ PEDHGEC03T/	CO ₁	To learned the basic anatomical structure of human body including various organs and its functions.
	CO ₂	Effects of exercise on various systems of human body.

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PEDGCOR03P/ PEDHGEC03P & PEDGSEC01M	CO ₃	To learned the basic Knowledge of Musculo-skeletal System
	CO ₄	To learned the basic knowledge of Circulatory and Respiratory System
	CO ₅	To learned the basic Knowledge of Assessment of : BMI, Heart rate , Blood Pressure
	CO ₆	To learned the basic Knowledge of Assessment of : Respiratory Rate Pick Flow Rate and Vital Capacity.
	CO ₇	To learned the basic Knowledge of Nervous and Endocrine System
	CO ₈	To learned the basic Knowledge of Body fat %
IV PEDGCOR04T/ PEDHGEC04T/ PEDGCOR04P/ PEDHGEC04P & PEDGSEC02M	CO ₁	To learned the basic Knowledge of Health and Health Education.
	CO ₂	To learned the History of Health and First-aid Management
	CO ₃	To learned the basic Knowledge of test, measurement & Evaluation
	CO ₄	To learned the basic Knowledge of AAHPERD Youth Fitness Test Kraus-Weber Muscular Strength Test
	CO ₅	To learned the basic Knowledge of Measurements of Body Compositions
	CO ₆	To learned the basic Knowledge of Measurements of Somatotype Assessment
V PEDGDSE01T & PEDGGEC01T & PEDGSEC03M	CO ₁	To learned the basic Knowledge of Sports Training.
	CO ₂	To learned the History of Training Techniques
	CO ₃	To learned the basic Knowledge of Training Load and Adaptation
	CO ₄	To learned the basic Knowledge of Periodization
	CO ₅	To learned the basic Knowledge of Mechanical Principles Applied to Sports
	CO ₆	To learned the basic Knowledge of Law of Motion

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VI PEDGDSE03T & PEDGGEC02T & PEDGSEC04M	CO₁	To learned the basic Knowledge of Psychology And Sports Psychology.
	CO₂	To learned the History of Learning
	CO₃	To learned the basic Knowledge of Psychological Factors
	CO₄	To learned the basic Knowledge of Stress and Anxiety
	CO₅	To learned the basic Knowledge of physical activities in the development of personality
	CO₆	To learned the basic Knowledge of Management of Stress and Anxiety through physical activity and sports